

How HSBC Life gives you and your loved ones more



Value added health services included with all Life Protection and Critical Illness Cover policies

Six services in one app.
Book an appointment from your mobile app, any time, wherever you are



Book access to services with minimal wait time and no consultation fees



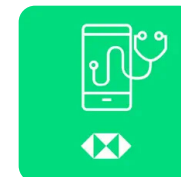
Bringing you convenience, speed and peace of mind

Square Health customers rate their service at **4.8 out of 5.0 ***

Gain more control of your health and wellness

With no excess to pay, covers pre-existing condition and has no impact on your HSBC Life policy

* Source: Square Health real time Customer Survey June 2023



Available from your favourite app store



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How your benefits could help you...*

Unlimited Remote GP Consultation



- Talk to a UK doctor 24/7 about any health or medical concern.
- Over 5,000 GMC-registered UK doctors and medical specialists available.
- Unlimited use including for children under 16.

Prescription Services



- Prescriptions written as part of your Remote GP consultation.
- Collect from your pharmacy within 4 hours.
- Sick notes can also be prescribed, where appropriate, for a £15 fee.

Annual Health MOT



- Receive a clearly explained report.
- Available to each policyholder once per year.
- In depth assessment using a simple blood test kit. Provides an analysis on more than 20 health markers. Explores organ health, diabetes and gout risk, cholesterol and protein levels.

Second Medical Opinion



- Consultation with a specialist matched to your diagnosis.
- Covers all medical conditions, including mental health.
- Up to 2 consultations per policyholder (including any child consultations) per year.

Mental Health Support



- Expert counsellors, CBT therapists and psychologists.
- Covers all treatment areas including depression, anxiety and sleep disorders.
- Up to 8 consultations per policyholder a year.

Physiotherapy



- Referral to a specialist or face-to-face appointment, if necessary.
- Recommended physio equipment can be posted out to you.
- Up to 8 consultations per policyholder a year.

*The selection of health services, offered by Square Health, is a non-contractual benefit. The services are not part of the insurance cover your policy provides.